



Intercultural Cookbook

Topic: Dishes and cultures in other countries



 as term paper, 15 minutes for the presentation

 from 9 years (from grade 3)

Necessary material/Preparation

- hand out printed recipe (see appendix) to the students
- provide a ring binder or folder to file the recipes

Learning objective/Skills

The learners

- get to know dishes from other countries.
- get to know words around food in other languages.
- get to know the languages their classmates master.

Arrangement

As term paper and following short presentation

Lesson plan

The teacher hands out the printed recipe sheets. As homework, the children are supposed to write down a recipe together with their parents and to fill out the sheet in the family language and in the language spoken in school. Children who only speak the language spoken in school fill out the recipe sheet in one language or choose a foreign language they are learning in school as second language. The aim is to create a class cookbook with different recipes from all children in it.

The cookbook can be laid out in the classroom or everyone gets a copy and takes it home. As part of a class party or project day, the parents may be asked to prepare the dishes at home that will be eaten all together in class.

Detailed description of the most important activities

Activities	Comments
The teacher hands out the recipe sheet and explains the task: Write down a recipe together with your parents in the family language and in the language spoken in school.	Also, the children can be asked to add a photo of their dish to the recipe (their own picture or perhaps one taken from the internet). Children who only speak one language can also fill out the sheet in a foreign language.
2. Every child presents their recipe in the next lesson and explains why they chose it and what is special about it.	Possible guiding questions for teachers: <ul style="list-style-type: none">▪ Are there special ingredients that might be unknown in some places?▪ What are certain ingredients called in your language?▪ Do you know where this recipe is originally from, what the name means, on what occasions people eat this?▪ Do you know if there are similar dishes in other countries e.g. Russian Pelmeni and Italian Ravioli?
3. The filled in recipe sheets get collected and filed in a binder as the class cookbook. It is available for everyone in the classroom.	Additionally, the students can get a copy of the cookbook and take it home or it can be sold for a donation at a school party.
4. Parents and children can be asked to prepare the dishes and bring them along to a class party.	

Further tips (Ideas for further activities, project days, open assignments)

Depending on what school equipment e.g. kitchen is available, the dishes from the class cookbook can be cooked and tried out together. Alternatively, the class can take a trip to a centre for educational breaks or educational farm to do so. Smaller groups prepare a dish together so that there are multiple dishes to try.

My recipe

	Language spoken in school	Family language
What is this dish called?		
The recipe's author		
What ingredients do I need?		
What kitchenware do I need?		
How do I prepare this meal?		
When would you eat it e.g. at a birthday party, only in summer etc.?		
Where is this recipe originally from? In which country are its roots?		
Why do I like this dish so much?		

Here is how the dish looks:

Glue on a picture here